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Essential Tibetan Buddhism Robert Af

Robert (Tenzin) Thurman is an excellent teacher of Tibetan Buddhism. His humor and honesty come through in his endeavors to convey the timeless and essential teachings. He has devoted almost a lifetime to adjust the ancient messages into modern thought. In person, he is just as warm and genuine as his writing.

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Robert Thurman is the preeminent American authority on Tibetan Buddhism. He was the first westerner to ever be officially ordained as a Tibetan Buddhist monk and looks to the Dalai Lama as his personal mentor. (He's also Uma Thurman's dad!)

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Essential Tibetan Buddhism, by Robert A.F. Thurman June 16, 2019 My Copy: 9780785808725(image from abebooks.uk.com, different design from what's available today) I've had this book on my shelf for roughly fifteen years, and hadn't so much as cracked it open til this week.

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Tenzin Robert Thurman is the Jey Tsong Khapa Professor of Indo-Tibetan Buddhist Studies at Columbia University, holding the first endowed chair of Buddhist Studies in the United States. He is the author of the bestseller Inner Revolution, as well as Anger, Infinite Life, and other popular books. He is also a translator of Tibetan texts.

Robert A.F. Thurman (Author of Essential Tibetan Buddhism)

Essential Tibetan Buddhism, by Robert A.F. Thurman - The... Robert (Tenzin) Thurman is an excellent teacher of Tibetan Buddhism.

Essential Tibetan Buddhism Robert Af Thurman

"[Robert A.F. Thurman is] the most visible and charismatic exponent of Tibetan Buddhism."--Rodger Kamenetz, "New York Times Magazine From the Back Cover Expertly and lucidly surveying the basic varieties and teachings of Tibetan Buddhism, renowned scholar Robert Thurman makes this authentic spiritual tradition available to contemporary Western audiences as never before.

Essential Tibetan Buddhism: Thurman, Robert A ...

Robert Thurman. Buddhism's Heart Sutra is recited at the start of teachings, events & as a blessing. In this podcast Robert AF Thurman leads a recitation of The Heart Sutra and gives an introduction to it's history. Podcast concludes with Professor Thurman explaining how the practice of reciting The Heart Sutra is the key to understanding it's teaching as a tool for mind transformation.

Bob Thurman | Buddhism 101: Reciting the Heart Sutra - Ep. 12

Robert Alexander Farrar Thurman (born August 3, 1941) is an American Buddhist author and academic who has written, edited, and translated several books on Tibetan Buddhism. He is the father of actress Uma Thurman. He was the Je Tsongkhapa Professor of Indo- Tibetan Buddhist Studies at Columbia University, before retiring in June of 2019.

Robert Thurman - Wikipedia

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He is also the author of books and articles about Tibet, Buddhism, art, politics, and culture, including Circling the Sacred Mountain, Essential Tibetan Buddhism, The Tibetan Book of the Dead,...

Robert A. F. Thurman, PhD

Robert (Tenzin) Thurman is an excellent teacher of Tibetan Buddhism. His humor and honesty come through in his endeavors to convey the timeless and essential teachings. He has devoted almost a lifetime to adjust the ancient messages into modern thought. In person, he is just as warm and genuine as his writing.

Amazon.com: Customer reviews: Essential Tibetan Buddhism

The foremost Western scholar of Tibetan Buddhism--and the first American Tibetan Buddhist monk--presents the heart of Tibetan Buddhism through its own vibrant literature. The work includes a glossary, explanatory notes, suggested further reading, and directory of monasteries, sacred sites, and key teachers. Map.

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